

Platinum Program

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Program Offers:

- ▶ Direct access to Dr Waseem in a dedicated Whatsapp group. Ask questions, get updates and stay connected.
- ▶ One detailed Call/Video Consultation with Dr Waseem each month to supervise and monitor your progress.
- ▶ Access to Premium Client Community. Be a part of exclusive community of like-minded members, a space for connection, support and trusted health resources.
- ▶ Health & Fitness Screening by Elite Coaches.
- ▶ Detailed Nutrition & Lifestyle Analysis.
- ▶ Personalized Habit-based Nutrition Coaching.
- ▶ Executive Dietitian designs personalized diet plans.
- ▶ Multiple Recipe options aligned with your goals and preference.
- ▶ Elite Trainer designs customized workout programs.
- ▶ Executive Physiotherapist available for a personalised and safe training to combine rehabilitation with performance when needed.
- ▶ Executive Pharmacist to manage and monitor your prescription and medication when required.
- ▶ Executive coaches to guide you throughout.
- ▶ Lead Psychologist available for dedicated personal counselling and support.
- ▶ Opportunity to be featured in Dr Waseem's podcast to share your personal journey and inspire millions of followers.
- ▶ Premium experience at every step of your journey.

	Offered Price	Actual Price
3 Months Program	Rs 350,000/-	----
6 Months Program	Rs 650,000/-	Rs 700,000/-
12 Months Program	Rs 1,200,000/-	Rs 1,400,000/-

