



Physio/Rehab Program

PROGRAM OFFERS:

- Detailed Assessment & Evaluation
- Health & Fitness Screening
- Detailed Nutrition & lifeStyle Analysis
- Guidance for Establishing Goals
- Customized Diet Plan
- Workout Plan Designed by Physiotherapist
- Recipes Designed to Meet Your Goals
- Personalized Nutrition Program & Support
- Weekly Check-In
- Unlimited Chat Support & Feedback From Coach.

	Offered Price	Actual Price
3 Months Program	Rs 60,000/-	-
6 Months Program	Rs 110,000/-	Rs 120,000/-
12 Months Program	Rs 210,000/-	Rs 240,000/-