



Platinum Program

PROGRAM OFFERS:

- One (1) Call Consultation with Dr Waseem each month.
- Health & Fitness Screening.
- Detailed Nutrition & Lifestyle Analysis.
- Personalized Habit-based Nutrition Coaching.
- Head Dietitian provides personalized diet plans.
- Multiple Recipe options aligned with your goals.
- Head Trainer designs customized workout programs.
- Head Physiotherapist supports pain management & recovery.
- Dedicated senior coaches guide you throughout.
- Dedicated Psychological Counseling Session with Our Lead Psychologist.
- Dr. Waseem actively monitors your progress.
- Access to an exclusive premium client group.
- Opportunity to be featured in a transformation podcast.
- Premium experience at every step of your journey.

	Offered Price	Actual Price
3 Months Program	Rs 350,000/-	-
6 Months Program	Rs 650,000/-	Rs 700,000/-
12 Months Program	Rs 1,200,000/-	Rs 1,400,000/-