



Physio/Rehab Program

PROGRAM OFFERS:

- Detailed Assessment & Evaluation
- Health & Fitness Screening
- Detailed Nutrition & lifeStyle Analysis
- Guidance for Establishing Goals
- Customized Diet Plan
- Workout Plan Designed by Physiotherapist
- Recipes Designed to Meet Your Goals
- Personalized Nutrition Program & Support
- Weekly Check-In Calls
- Unlimited Chat Support & Feedback From Coach.

3 Months Program

Rs 50,000/-

You Save Rs 10,000/-

6 Months Program

Rs 95,000/-

You Save Rs 25,000/-