



## Custom Nutrition Program

### PROGRAM OFFERS:

- Health & Fitness Screening
- Personalised Nutrition Program
- Detailed Nutrition & lifeStyle Analysis
- Customized Diet Plan • Weekly Check-In
- Guidance for Establishing Goals • Unlimited Chat Support
- Recipes Designed to Meet Your Goals

**3 Months Program**

**Rs 25,000/-**

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**6 Months Program**

**Rs 45,000/-**

**You Save Rs 5000/-**

**12 Months Program**

**Rs 80,000/-**

**You Save Rs 10,000/-**